



SAIFEE HOSPITAL

Under the auspices of Saifee Hospital Trust Reg. No. E-5448 (Bom)

EXECUTIVE HEALTH PACKAGES



15/17 Maharshi Karve Marg, Mumbai 400004

T.: 022 6757 0333 / 022 6757 0330 /

022 6757 0111

saifeehealthcheck@gmail.com /

write@saifeehospital.com

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BASIC PACKAGE

Rs.2,300/-

Pathology Test

CBC
ESR
Urine Routine
Stool Routine

Radiology & Imaging

X-Ray Chest P.A. View

Consultation

Physician

Diabetic Evaluation

Fasting Blood Sugar (FBS)
Post Prandial Blood Sugar (PPBS)

Liver Test

Total Bilirubin
SGPT

Lipid Test

Cholesterol
Triglycerides

Renal Test

Creatinine
BUN

Cardiac Evaluation

ECG

CHILDREN'S PACKAGE

Rs.1,500/-

Pathology Test

Complete Blood Count
ESR
Blood Group
Urine Routine
Stool Routine

Diabetic Evaluation

Random Blood sugar

Liver Test

SGOT
SGPT

Lipid Test

Cholesterol

Renal Test

Creatinine
Calcium

Audiogram

Ophthalmology

Refractive Errors
Amblyopia screening

Dental Check up

Consultation

Pediatrician
Nutrition Counselling

Vaccination record review



MASTER PACKAGE

Rs.5,300/-

Pathology Test

CBC

Diabetic Evaluation

Fasting Blood Sugar (FBS)

Liver Test

Total Bilirubin

SGPT

Lipid Profile

Cholesterol

Triglycerides

HDL Cholesterol

LDL Cholesterol

VLDL Cholesterol

LDL/ HDL Ratio

Total Cholesterol / HDL Ratio

Renal Test

Creatinine

BUN

Thyroid Profile

TSH

Special test

Vitamin D

Cardiac Evaluation

ECG

Radiology & Imaging

Chest X-Ray P. A. View

DEXA - (Bone Densitometry)

Body Composition Analysis

Refraction - Vision Testing

Dental

Consultation

Physician

STROKE PACKAGE

Rs.6,500/-

Pathology Test

CBC

ESR

Renal Test

Creatinine

Electrolytes

Coagulation Profile

PT

PTT

Diabetic Evaluation

Fasting Blood Sugar (FBS)

Post Prandial Blood

Sugar (PPBS)

Glycosylated Hb

Lipid Profile

Cholesterol

Triglycerides

HDL Cholesterol

LDL Cholesterol

VLDL Cholesterol

LDL/ HDL Ratio

Total Cholesterol / HDL Ratio

Lipoprotein A (Lp A)

Apolipoprotein A1

Apolipoprotein B

Apolipoprotein A1/B ratio

Special Test

Homocysteine

Cardiac Evaluation

ECG

2D Echo

Radiology & Imaging

Chest X-Ray P. A. View

Consultation

Neurologist





COMPREHENSIVE PACKAGE (MALE)

Rs.9,500/-

Pathology Test

CBC
ESR
Blood Group
Urine Routine
Stool Routine

Diabetic Evaluation

Fasting Blood Sugar (FBS)
Post Prandial Blood Sugar (PPBS)
Glycosylated Hb

Liver Test

Total Bilirubin
SGOT
SGPT

Lipid Profile

Cholesterol
Triglycerides
HDL Cholesterol
LDL Cholesterol
VLDL Cholesterol
LDL/ HDL Ratio
Total Cholesterol / HDL Ratio

Renal Profile

Creatinine
BUN
Calcium
Ionised Calcium
Protein
Phosphorus
Uric Acid
Electrolytes
Bicarbonates

Thyroid Profile

T3 T4 TSH

Special Test

Vitamin D
Vitamin B12
PSA

Cardiac Evaluation

ECG
Stress Test
(or 2-D Echo Screening)

Radiology & Imaging

Chest X-Ray P. A. View
USG (Abdomen & Pelvis)

Lung Function Test

Pulmonary Function Test

Body Composition Analysis

Consultation

Physician
Nutrition Counselling

COMPREHENSIVE PACKAGE (FEMALE)

Rs.9,500/-

Pathology Test

CBC
ESR
Blood Group
Urine Routine
Stool Routine

Diabetic Evaluation

Fasting Blood Sugar (FBS)
Post Prandial Blood Sugar (PPBS)
Glycosylated Hb

Liver Test

Total Bilirubin
SGOT
SGPT

Lipid Profile

Cholesterol
Triglycerides
HDL Cholesterol
LDL Cholesterol
VLDL Cholesterol
LDL/ HDL Ratio
Total Cholesterol / HDL Ratio

Renal Profile

Creatinine
BUN
Calcium
Ionised Calcium
Protein
Phosphorus
Uric Acid
Electrolytes
Bicarbonates

Thyroid Profile

T3 T4 TSH

Special Test

Vitamin D
Vitamin B12
PAP Smear

Cardiac Evaluation

ECG
Stress Test
(or 2-D Echo Screening)

Radiology & Imaging

Chest X-Ray P. A. View
USG (Abdomen & Pelvis)

Body Composition Analysis

Lung Function Test

Pulmonary Function Test

Consultation

Gynecologist
Physician
Nutrition Counselling





EXECUTIVE PACKAGE (MALE)

Rs.12,800/-

Pathology Test

CBC
ESR
Blood Group
Urine Routine
Stool Routine

Diabetic Evaluation

Fasting Blood Sugar (FBS)
Post Prandial Blood Sugar (PPBS)
Glycosylated Hb

Liver Profile

Total Bilirubin
SGOT
SGPT
GGTP
Alkaline Phosphatase

Lipid Profile

Cholesterol
Triglycerides
HDL Cholesterol
LDL Cholesterol
VLDL Cholesterol

LDL/ HDL Ratio
Total Cholesterol /
HDL Ratio

Renal Profile

Creatinine
BUN
Calcium
Ionised Calcium
Protein
Phosphorus
Uric Acid
Electrolytes
Bicarbonates

Thyroid Test

T3 T4 TSH

Special Tests

PSA
Vitamin B12
Vitamin D
HIV Antibody
Hepatitis B Antigen
Hepatitis C Antibody

Cardiac Evaluation

ECG
Stress Test or
(2-D Echo Screening)

Radiology & Imaging

Chest X-Ray P.A. View
USG (Abdomen & Pelvis)
DEXA - (Bone Densitometry)

Lung Function Test

Pulmonary Function Test

Audiometry

Refraction - Vision Testing

Consultation

ENT
Ophthalmologist
Dental
Physician
Nutrition Counselling

WOMAN WELLNESS PACKAGE

Rs.13,500/-

Pathology Test

CBC
ESR
Blood Group
Urine Routine
Stool Routine

Diabetic Evaluation

Fasting Blood Sugar
(FBS)
Post Prandial Blood
Sugar (PPBS)
Glycosylated Hb

Liver Profile

Total Bilirubin
SGOT
SGPT
GGTP
Alkaline Phosphatase

Thyroid Test

T3 T4 TSH

Lipid Profile

Cholesterol
Triglycerides
HDL Cholesterol
LDL Cholesterol
VLDL Cholesterol
LDL/ HDL Ratio
Total Cholesterol /
HDL Ratio

Renal Profile

Creatinine
BUN
Calcium
Ionised Calcium
Protein
Phosphorus
Uric Acid
Electrolytes
Bicarbonates

Cardiac Evaluation

ECG
Stress Test or
(2-D Echo Screening)

Special Test

CA 125
Vitamin B12
Vitamin D
HIV Antibody
Hepatitis B Surface
Antigen
Hepatitis C Antibody
PAP Smear

Radiology & Imaging

Chest X-Ray P.A. View
USG (Abdomen & Pelvis)
DEXA - (Bone Densitometry)
Mammography

Lung Function Test

Pulmonary Function Test

Audiometry

Refraction - Vision Testing

Consultation

ENT
Ophthalmologist
Gynaecologist
Dental
Physician
Nutrition Counselling





VIP PACKAGE (MALE)

Rs.18,500/-

Pathology Test

CBC
ESR
Blood Group
Urine Routine
Stool Routine

Diabetic Evaluation

Fasting Blood Sugar (FBS)
Post Prandial Blood Sugar (PPBS)
Glycosylated Hb

Liver Profile

Total Bilirubin
SGOT
SGPT
GGTP
Alkaline Phosphatase

Lipid Profile

Cholesterol
Triglycerides
HDL Cholesterol
LDL Cholesterol
VLDL Cholesterol
LDL/ HDL Ratio
Total Cholesterol / HDL Ratio

Renal Profile

Creatinine
BUN
Calcium
Ionised Calcium
Protein
Phosphorus
Uric Acid
Electrolytes
Bicarbonates

Thyroid Profile

T3 T4 TSH

Special Test

CA19.9
PSA
BHCG
AFP
CEA
Serum Thyroglobulin
Vitamin B12
Vitamin D
HIV Antibody
Hepatitis B Antigen
Hepatitis C Antibody

Cardiac Evaluation

ECG
Stress Test
2D Echo

Radiology & Imaging

X-Ray Chest P.A. View
USG (Abdomen & Pelvis)
DEXA - (Bone Densitometry)

Lung Function Test

Pulmonary Function Test

Audiometry

Ophthalmology

Refraction -
Vision Testing
Fundoscopy
Tonometry

Dental

Scaling & Polishing
OPG

Consultation

Ophthalmologist
ENT
Dental
Physician
Nutrition Counselling

VIP PACKAGE (FEMALE)

Rs.18,500/-

Pathology Test

CBC
ESR
Blood Group
Urine Routine
Stool Routine

Diabetic Evaluation

Fasting Blood Sugar (FBS)
Post Prandial Blood Sugar (PPBS)
Glycosylated Hb

Liver Profile

Total Bilirubin
SGOT
SGPT
GGTP
Alkaline Phosphatase

Lipid Profile

Cholesterol
Triglycerides
HDL Cholesterol
LDL Cholesterol
VLDL Cholesterol
LDL/ HDL Ratio
Total Cholesterol / HDL Ratio

Renal Profile

Creatinine
BUN
Calcium
Ionised Calcium
Protein
Phosphorus
Uric Acid
Electrolytes
Bicarbonates

Thyroid Profile

T3 T4 TSH

Special Test

CA19.9
CA125
BHCG
AFP
CEA
Serum Thyroglobulin
PAP Smear
Vitamin B12
Vitamin D
HIV Antibody
Hepatitis B Antigen
Hepatitis C Antibody

Cardiac Evaluation

ECG
Stress Test
2D Echo

Radiology & Imaging

X-Ray Chest P.A. View
USG (Abdomen & Pelvis)
DEXA - (Bone Densitometry)
Mammography

Lung Function Test

Pulmonary Function Test

Audiometry

Ophthalmology

Refraction -
Vision Testing
Fundoscopy
Tonometry

Dental

Scaling & Polishing
OPG

Consultation

Ophthalmologist
Gynecologist
ENT
Dental
Physician
Nutrition Counselling



INTERNATIONAL PACKAGE (MALE)

Includes Two Days Stay in First Class Room

Rs.35,200/-

Pathology Test

CBC
ESR
Blood Group
Urine Routine
Stool Routine

Diabetic Evaluation

Fasting Blood Sugar (FBS)
Post Prandial Blood Sugar (PPBS)
Glycosylated Hb

Liver Profile

Total Bilirubin
SGOT
SGPT
GGTP
Alkaline Phosphatase

Lipid Profile

Cholesterol
Triglycerides
HDL Cholesterol
LDL Cholesterol
VLDL Cholesterol
LDL/ HDL Ratio
Total Cholesterol / HDL Ratio

Renal Profile

Creatinine
BUN
Calcium
Ionised Calcium
Protein
Phosphorus
Uric Acid
Electrolytes
Bicarbonates

Thyroid Profile

T3 T4 TSH

Special Tests

CA19.9
PSA
BHCG
AFP
CEA
Serum Thyroglobulin
Vitamin B12
Vitamin D
HIV Antibody
Hepatitis B Antigen
Hepatitis C Antibody

Cardiac Evaluation

ECG
Stress Test
2.D Echo

Radiology & Imaging

Chest X-Ray P.A. View
USG (Abdomen & Pelvis)
DEXA - (Bone Densitometry)

Lung Function Test

Pulmonary Function Test

Audiometry

Ophthalmology

Refraction -
Vision Testing
Fundoscopy
Tonometry

Dental

Scaling & Polishing

Consultation

Ophthalmologist
ENT
Dental
Physician
Nutrition Counselling



INTERNATIONAL PACKAGE (FEMALE)

Includes Two Days Stay in First Class Room

Rs.35,200/-

Pathology Test

CBC
ESR
Blood Group
Urine Routine
Stool Routine

Diabetic Evaluation

Fasting Blood Sugar (FBS)
Post Prandial Blood Sugar (PPBS)
Glycosylated Hb

Liver Profile

Total Bilirubin
SGOT
SGPT
GGTP
Alkaline Phosphatase

Lipid Profile

Cholesterol
Triglycerides
HDL Cholesterol
LDL Cholesterol
VLDL Cholesterol
LDL/ HDL Ratio
Total Cholesterol / HDL Ratio

Renal Profile

Creatinine
BUN
Calcium
Ionised Calcium
Protein
Phosphorus
Uric Acid
Electrolytes
Bicarbonates

Thyroid Profile

T3 T4 TSH

Special Test

CA19.9
CA125
BHCG
AFP
CEA
Serum Thyroglobulin
PAP Smear
Vitamin B12
Vitamin D
HIV Antibody
Hepatitis B Antigen
Hepatitis C Antibody

Cardiac Evaluation

ECG
Stress Test
2.D Echo

Radiology & Imaging

Chest X-Ray P.A. View
USG (Abdomen & Pelvis)
Mammography
DEXA - (Bone Densitometry)

Lung Function Test

Pulmonary Function Test

Audiometry

Ophthalmology

Refraction -
Vision Testing
Fundoscopy
Tonometry

Dental

Scaling & Polishing

Consultation

Ophthalmologist
Gynecologist
ENT
Dental
Physician
Nutrition Counselling





CANCER SPECIAL SCREENING PACKAGE (MALE)

Rs.10,500/-

Pathology Test

CBC
ESR
Urine Routine
Stool Routine

Diabetic evaluation

Fasting Blood Sugar (FBS)

Liver Profile

Total Bilirubin
SGOT
SGPT
GGTP
Alkaline Phosphatase

Renal Profile

Creatinine
BUN
Calcium
Ionised Calcium
Protein
Phosphorus
Uric Acid
Electrolytes
Bicarbonates

Thyroid Test

TSH

Special Test

Vitamin D
Vitamin B12
CA19.9
PSA + Free PSA Ratio
BHCG
AFP
CEA
Serum Thyroglobulin

Radiology & Imaging

Chest X-Ray P.A. View
USG (Abdomen & Pelvis)

Consultation

Physician
ENT
Nutrition Counselling

CANCER SPECIAL SCREENING PACKAGE (FEMALE)

Rs.11,900/-

Pathology Test

CBC
ESR
Urine Routine
Stool Routine

Diabetic evaluation

Fasting Blood Sugar (FBS)

Liver Profile

Total Bilirubin
SGOT
SGPT
GGTP
Alkaline Phosphatase

Renal Profile

Creatinine
BUN
Calcium
Ionised Calcium
Protein
Phosphorus
Uric Acid
Electrolytes
Bicarbonates

Thyroid Test

TSH

Special Test

Vitamin D
Vitamin B12
CA19.9
CA125
BHCG
AFP
CEA
Serum Thyroglobulin
PAP Smear

Radiology & Imaging

Chest X-Ray P.A. View
USG (Abdomen & Pelvis)
Mammasonography

Consultation

Physician
ENT
Nutrition Counseling



SENIOR CITIZEN (MALE) PACKAGE

Rs.10,900/-

Pathology Test

CBC
ESR
Urine Routine
Stool Routine

Diabetic Evaluation

Fasting Blood Sugar (FBS)
Post Prandial Blood Sugar (PPBS)
Glycosylated Hb

Liver Profile

Total Bilirubin
SGOT
SGPT
GGTP
Alkaline
Phosphatase

Lipid Profile

Cholesterol
Triglycerides
HDL Cholesterol
LDL Cholesterol
VLDL Cholesterol
LDL/ HDL Ratio
Total Cholesterol / HDL Ratio

Renal Profile

Creatinine
BUN
Calcium
Ionised Calcium
Protein
Phosphorus
Uric Acid
Electrolytes
Bicarbonates

Thyroid Test

TSH

Special Test

Vitamin D
Vitamin B12
PSA + Free PSA Ratio

Cardiac Evaluation

ECG
2.D Echo

Radiology & Imaging

Chest X-Ray P.A. View
USG (Abdomen & Pelvis)
DEXA - (Bone Densitometry)

Audiometry

Refraction - Vision Testing

Eye pressure
Fundoscopy

Consultation

Physician
ENT
Dental
Nutrition Counselling
Ophthalmologist

Fall risk assessment

SENIOR CITIZEN (FEMALE) PACKAGE

Rs.12,500/-

Pathology Test

CBC
ESR
Urine Routine
Stool Routine

Diabetic Evaluation

Fasting Blood Sugar (FBS)
Post Prandial Blood Sugar (PPBS)
Glycosylated Hb

Liver Profile

Total Bilirubin
SGOT
SGPT
GGTP
Alkaline Phosphatase

Lipid Profile

Cholesterol
Triglycerides
HDL Cholesterol
LDL Cholesterol
VLDL Cholesterol
LDL/ HDL Ratio
Total Cholesterol / HDL Ratio

Renal Profile

Creatinine
BUN
Calcium
Ionised Calcium
Protein
Phosphorus
Uric Acid
Electrolytes
Bicarbonates

Thyroid Test

TSH

Special Test

Vitamin D
Vitamin B12
CA 125
PAP Smear

Cardiac Evaluation

ECG
2.D Echo

Radiology & Imaging

Chest X-Ray P.A. View
USG (Abdomen & Pelvis)
DEXA - (Bone Densitometry)
Mammography

Audiometry

Refraction - Vision Testing

Eye pressure
Fundoscopy

Consultation

Physician
ENT
Dental
Nutrition Counselling
Ophthalmologist

Fall risk assessment



CARDIAC PACKAGE (40 YRS & ABOVE)

Rs.10,900/-

Pathology Test

CBC
ESR
Urine Routine

Diabetic Evaluation

Fasting Blood Sugar
(FBS)
Post Prandial Blood
Sugar (PPBS)
Glycosylated Hb

Liver Test

SGOT
SGPT

Lipid Profile

Cholesterol
Triglycerides
HDL Cholesterol
LDL Cholesterol
VLDL Cholesterol
LDL/ HDL Ratio
Total Cholesterol /
HDL Ratio
Lipoprotein A (Lp A)
Apolipoprotein A1
Apolipoprotein B
Apolipoprotein A1/B ratio

Renal Profile

Creatinine
BUN
Calcium
Ionised Calcium
Protein
Phosphorus
Uric Acid
Electrolytes
Bicarbonates

Special Test

High-sensitivity CRP
(HS CRP)
Homocysteine

Cardiac Evaluation

ECG
Stress Test
2.D Echo

Lung Function Test

Pulmonary Function Test

Radiology & Imaging

X-Ray Chest. P.A. View
DEXA - (Bone Densitometry)

Consultation

Cardiologist

1 Month Cardiac Rehab. Program

PRE-DIABETIC SCREEING PACKAGE

Rs.3,900/-

Pathology Tests

CBC
Urine Routine

Diabetic Evaluation

Fasting Blood Sugar (FBS)
Post Prandial Blood Sugar (PPBS)
Glycosylated Hb
Urine Microalbumin

Liver Test

Total Bilirubin
SGPT

Lipid Profile

Cholesterol
Triglycerides
HDL Cholesterol
LDL Cholesterol
VLDL Cholesterol
LDL/ HDL Ratio
Total Cholesterol / HDL Ratio

Renal Test

Creatinine
Protein

Cardiac Evaluation

ECG
Stress Test

Consultation

Physician
Nutrition Counselling



URO GYNAEC PACKAGE

Rs.10,500/-

Pathology Test

CBC
Blood Group
Blood Sugar (Fasting)
Urine Routine

Lipid Profile

Sr. Cholesterol
Triglycerides

Renal Profile

BUN
Creatnine
Uric Acid
Electrolytes

Thyroid Profile

TSH

Special Test

Vitamin D
Vitamin B12
Papsmear
Uroflowmetry
Body Composition Analysis

Radiology & Imaging

Chest X-Ray P.A. View
USG Pelvis
MAMMOGRAPHY
DXA (Bone Densitometry)

Consultation

Gynaecologist or Urologist
Physician
Nutrition Counselling



GUIDELINES FOR HEALTH CHECK UP



1. You are requested to report at health Check up Department on 3rd floor at 8am or at your allocated time.
2. You are required to have minimum 12 hours fasting prior to the check up. However you may drink water and take your regular medicines as per the schedule.
3. Please bring all your past medical records and regular medications if any when you come for check up.
4. Please wear loose clothing, minimum jewellery and easily removable footwear if possible.
5. Additional tests if required apart from package will be charged separately.
6. For your convenience, payment can be made on the day of the appointment.
7. Corporate clients are required to produce company letter or staff identification at the registration counter.
8. Meal / Refreshment will be provided under certain packages as applicable.
9. In case of non availability of certain tests on that particular day the patients will be called at next convenient date.
10. Review consultation with physician will be on the next working day along with reports.

NOTE:

- Patients undergoing health check up will also be offered optional Cardiac Rehabilitation Program for a period of 1 month (12 sessions) at a subsidised rate of Rs. 3000/- per month.



SAIFEE HOSPITAL

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